

**LESSEN BEWEGINGSOPVOEDING ZEEBOON**

<b>3LA VM / 1LA NM</b>	<b>4LA VM / 2LA NM</b>	<b>5LA</b>	<b>6LA</b>
4/9	11/9	6/09	13/09
18/9	25/9	27/09	4/10
2/10	16/10	11/10	18/10
23/10	6/11	25/10	8/11
13/11	20/11	15/11	22/11
27/11	4/12	29/11	13/12
11/12	18/12	20/12	10/01
8/1	15/1	17/01	24/01
22/1	29/1	31/01	7/02
5/2	19/2	21/02	28/02
26/2	4/3	6/03	13/03
11/3	18/3	20/03	27/03
25/3	15/4	17/04	24/04
22/4	29/4	8/05	15/05
6/5	13/5	22/05	29/05
27/5	3/6	5/06	12/06
10/6	17/6	19/06	26/06
24/6	24/6	/	/